



BRECKENRIDGE Estates

THE BUGLE

Newsletter of the Breckenridge Estates Homeowners Association

From the Board

January | 2022

Happy New Year Breckenridge Residents

We hope you had a great 2021 and have lots to look forward to in 2022!

Santa's visit at the clubhouse was a huge success! Thanks to all the families who came out, — We hope you enjoyed yourselves and look forward to keeping up the tradition!

A big thanks to Aaron Sax Photography who was able to get some awesome photos of the event! If you attended and haven't checked out the pictures yet, here is the link to do so <https://aaronsaxphotography.pixieset.com/breckenridge-breakfastwsanta/>

By now, you should have received your annual assessment statement. If you did not receive this, please contact our property management company, MC Property Management, at 630-985-2500. While assessments are due January 1st, you still have until January 31st to remit payment and avoid the \$50 late fee.

A friendly reminder that our first board meeting of the year will be on February 8th at 7 pm at the Breckenridge Clubhouse. As always, we welcome residents to attend!

As we start getting some snow, keep in mind that residents are in charge of shoveling their sidewalks within 24 hours after snowfall.

*We Wish Everyone a
Fantastic 2022*

UPCOMING EVENTS

February 8 - Board Meeting - 7 pm -
Breckenridge Clubhouse



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Aaron Sax Photography

Visit With Santa

[https://aaronsaxphotography.pixieset.com/
breckenridge-breakfastwsanta/](https://aaronsaxphotography.pixieset.com/breckenridge-breakfastwsanta/)



Thank you to all who
came out to visit Santa!



Where are you from?
Neil grew up in Wheaton, IL and Carly grew up in La Grange, IL. We both graduated from Illinois State University, but didn't meet and start dating until we lived in the city. We eventually made our way out to

WINTER ICE SAFETY



Parents, this is a gentle reminder to tell your children it is never safe to play on the ice. Here is a link to an article that gives the science of freezing ice.
[https://www.wikihow.com/Know-](https://www.wikihow.com/Know)

Recognize that ice will never be completely safe. Conditions and unseen or unknown factors can render seemingly safe ice suddenly dangerous. Take all care and precautions to avoid

mishaps and to put rescue plans into immediate action should something go wrong.

Recognize that determining the safety of ice is dependent on a combination of factors, not on one factor alone. Ice safety is determined by assessing the following factors together:

- Appearance of the ice - its color, texture and features
- Thickness of the ice - there are recommended thicknesses for different uses
- External temperature over a period of time and on the day
- Snow coverage
- Depth of water under ice
- Size of water body
- Chemical composition of

water

Remember this ditty: "Thick and blue, tried and true; Thin and crispy, way too risky."

Ice begins to be "safe" at around 4- 6 inches thickness. Do not even walk on ice 3" or less in thickness. However, even at a 9"- 10" thickness, there may be unforeseen hazards such as a flowing current underneath that is ceaselessly weakening the underside of the ice. In this instance, even the thickness is not a good indicator of safety, as the ice could collapse at any time.

Find alternatives if in any doubt. Skaters can always find a rink or a supervised lake area.

the suburbs when we decided to get married and start our family. We both agreed Naperville was the ideal location to raise our kids.

When did you move to the neighborhood?

We moved to Naperville in 2012 purchasing our first house in Farmstead. Then in May of 2017, while awaiting the birth of our third son (Jack), we found our house in Breckenridge where we live today.

How do you like to spend your time?

We love spending time with family and friends, and of course, traveling. Our 3 boys are very active and Neil helps coach their basketball, soccer and baseball teams. We also love spending our summer days at the Breckenridge pool!

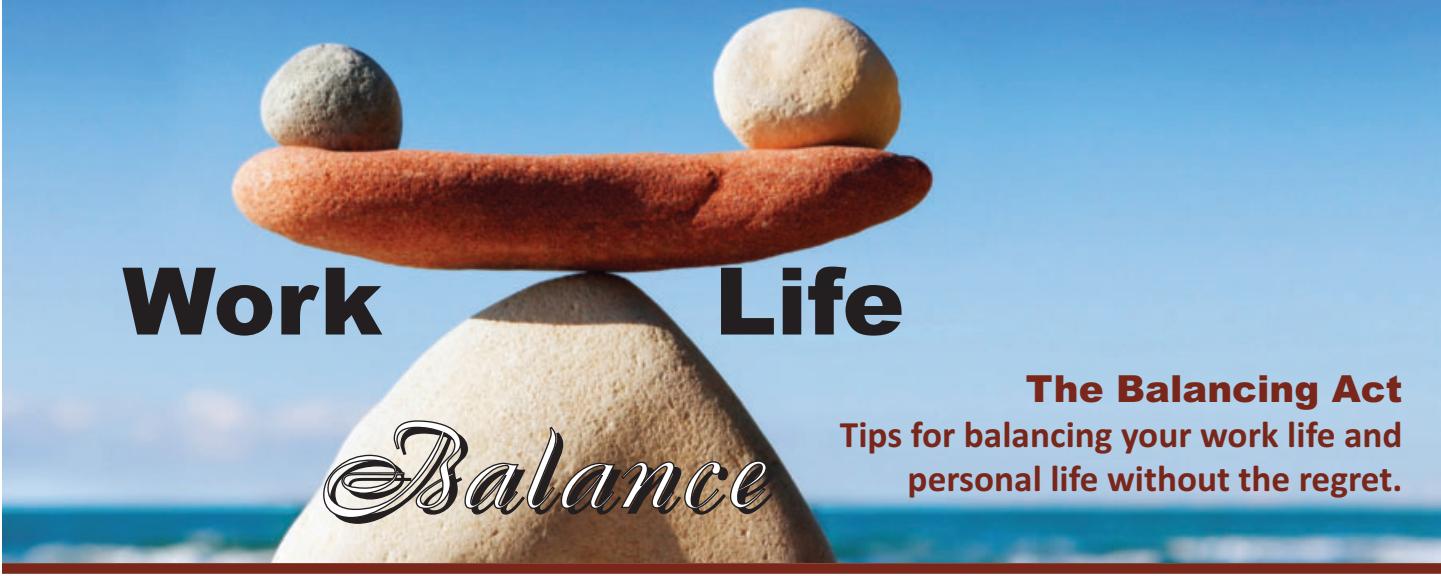
What has been your favorite memory this year?

Our favorite memory of 2021 was our annual trip to Rhinelander, WI. It's been a family tradition for 30+ years and there is no better place to get away for a week than staying in a cabin on Lake George with family and friends.

Favorite sports team?

We've lived in IL our entire lives so we're huge fans of all Chicago sports teams, but our beloved Cubs are at the top of our list!

Neil, Carly, Carter (7), Drew (5) and Jack (4)



Work Life Balance

The Balancing Act

Tips for balancing your work life and personal life without the regret.

Balancing your work life and personal life isn't always easy. However, maintaining that balance really matters. A work-life balance is designed to make sure you not only perform your best at work, but also enjoy your downtime at home. Rest and play are important parts of self-care, and doing things to foster your well-being is just as valuable as anything you'd do for an employer.

While achieving a healthy work-life balance can be difficult, it's possible—and should be a guilt-free endeavor. Here's what you can do to find a better balance while reducing regret.

Remember, You Don't Need To Be Perfect

Allowing perfect to be the enemy of good or done can limit you from creating a work-life balance. It's okay if you only worked your shift and didn't go above and beyond by taking on the offered overtime. It's also okay that you bought cupcakes for the birthday party instead of making them from scratch—no one is going to mind.

Letting go of perfectionism can free you to enjoy your life more. You may want to do a good job for others and make them proud, but remember to take pride in knowing when, where, and how to put yourself first.

Set & Communicate Limits

Your work matters, of course, but so does the rest of your life. Allowing the workday to spill over doesn't serve anyone well. It affects your attitude, fuels burnout, and prevents you from partaking in activities you love, which can make you resentful. Prioritize setting hours for work and implementing boundaries. Communicate your limits, avoid overscheduling, and learn to say "no" when appropriate. Doing this helps you stay on track professionally and offers the opportunity to disconnect and appreciate your personal life.

Minimize Screenetime

It's easy to zone out on your phone, computer, or TV for hours on end. Unfortunately, not only can too much screentime be

bad for your health, but it can also keep you from sustaining a good work-life balance. Even though it may be tough, unplugging for a while can free you up to run errands, have fun, or finish a project—anything that contributes to using your personal or work more purposefully.

Instead of using your phone, put it in a drawer for 30 minutes and read a book. Try calling your colleague to chat about your to-dos for the day instead of typing out an email. Rather than watching a TV show, go outside and tend to your garden or lawn.

By grounding yourself in non-electronics-based activities, you're able to reset, detach, and focus on the present. You'll find a renewed determination for what's important to you, too.

Rethink Habits

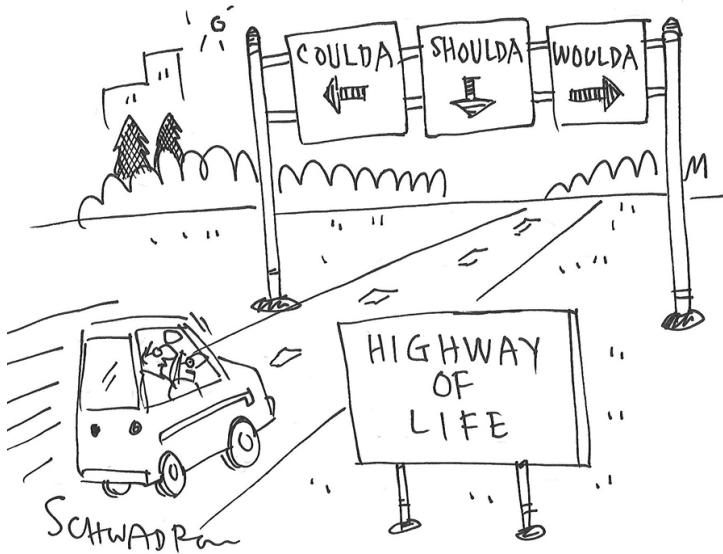
Part of what you do each day is out of necessity, but another part is out of habit. If you've formed habits that aren't beneficial to you or keep you from finding a healthy balance, you might need to do some soul-searching.

Changing your day can increase productivity and freedom. Do you automatically check your email every time it pings? Set a schedule and vow only to check your inbox once an hour. Does your weekly grocery shopping trip induce stress? Consider using a pick-up or home delivery service. With some small adjustments, you can get more done and explore other pursuits. Building new habits takes patience, but it can be well worth the effort for better balance.

Work-Life Balance: The Bottom Line

In the end, everyone must choose what habits and adjustments they need to make to create a better balance between work and life. Whether you're working at home or in the office, have a family or live alone, there are ways to make things easier. Take stock of what you're currently doing and the things you want to do. Then, determine how you can make the first list more closely match the second. *You're worth it.*

**Breckenridge Homeowners Association
BOARD MEETING - 7 PM**
Second Monday as follows:
February 8.
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Jeff Oitker	President	oitkerjf@gmail.com
Rob Anstine	Vice President	ranstine@gmail.com
Molly Sorenson	Secretary	mccru1me@gmail.com
Mark Sagen	Treasurer	marksagen@hotmail.com
Brett Meurer	Member-at-Large	brett.meurer@gmail.com

www.breckenridgeestates.org

Email | breckenridgeofnaperville@hotmail.com

Breckenridge Committee Chairperson

Landscape Chairperson	Leigh Ann Haller
Breakers Swim Team	Pam Brinker
Social Committee	Elizabeth Quinn 630-428-4285 elizabethmward@comcast.net
	Carole Jones 773-251-4932 carole.jones@doleintl.com
Pool & Tennis	Clubhouse 630-420-2535

Property Management

MC Property Management Corporation
14224 McCarthy Road, Lemont, IL 60439
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Property Manager | Stacy Donnelly, CAM
stacy@mcpmc.com (Preferred method of contact)

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Ruth Kotek	703-728 Colorado Ct. (14 homes) ruth.kotek@gmail.com
Pam Prosser	707-736 DeLasalle Ct. (13 homes) 416-0744
Val Ito	707-716 Lindholm Ct., 2723 Wendy 961-3343 (7 homes)
VACANT	2603-2624 Wendy Dr. (9 homes)
VACANT	2703-2752 Wendy Dr. (excluding 2723 Wendy Dr. (22 homes)
VACANT	2812-2855 Breckenridge Ln. (16 homes)
VACANT	2739-2768 Breckenridge Ln. (16 homes)
Jeff Oitker	2704-2736 Breckenridge Ln. oitkerjf@gmail.com (12 homes)
VACANT	2603-2636 Breckenridge Ln. (17 homes)
VACANT	703-732 Mesa Dr. (14 homes)
Hale Landes	2731-2804 Cheyenne Dr., 357-8202 2803 & 2772 Breckenridge Ln. (12 homes)
VACANT	2707-2724 Cheyenne Dr. (6 homes)
Carol Zeidlhack	559-636 DeLasalle Ave. (15 homes) 416-2570
VACANT	623 Wendy, 607, 611 Gateshead,
Chris Wunder	2508-2515 Winter Park Ct. cswunder@gmail.com (10 homes)
	2603-2636 Winter Park Dr. (15 homes)
Scott Barenbrugge	2703-2708 San Luis Ct. (4 homes) sbarenbrugge@gmail.com
VACANT	604-631 Steamboat Rd. (12 homes)
Michael Tardella	804-840 Pueblo Ct. (16 homes) 355-5283

PUZZLER PAGE

Brain Content

1.	2.	3.		4.	5.	6.	7.	8.
9.				10.				
11.				12.				
13.			14.				15.	
18.	19.		20.			21.	22.	
23.		24.			25.			
26.					27.			
28.					29.			

Across

1. Relatives
4. Ms. Williams in aquamusicals
9. Plastic ___ Band
10. Silk with a wavy pattern
11. London lav
12. Pig out
13. Respond
15. '___ Thee I Sing'
16. Calculus pioneer Leonhard
18. @
20. Dozes
23. Rwandan people
25. Morse T
26. Orchestra section
27. Freudian topic
28. Swamp
29. Understand

Down

1. Caffeine source
2. Knowing, as a secret
3. Lasso loop
4. Add frills to
5. Evening event
6. Food container
7. Therefore
8. Snorkeling site
14. Wimps
17. Counsels: arch.
18. Proton's place
19. Big brass
21. Book unit
22. Loafer, e.g.
24. Craggy peak

The headline is a clue to the answer in the diagonal.

Tennis Terms

E	B	B	F	O	O	T	F	A	U	L	T	W
M	A	T	C	H	S	E	Y	L	L	A	R	W
D	O	U	B	L	E	S	E	C	I	L	S	V
K	N	V	W	V	E	T	O	P	S	P	I	N
R	A	A	D	O	U	T	K	Y	E	L	L	A
T	Y	E	H	Z	Z	K	G	Y	K	N	D	W
I	E	U	R	K	A	P	R	O	A	C	H	
E	L	O	B	B	C	G	Y	K	N	D	W	
B	L	D	A	S	E	A	D	K	T	O	M	
R	O	R	S	N	M	C	B	O	S	V	T	
E	V	O	E	E	H	S	I	L	Z	E	N	
A	S	P	L	V	P	C	F	V	C	R	I	
K	M	S	I	I	R	D	A	U	R	H	O	
O	A	H	N	H	U	E	B	Y	E	P	N	
U	S	O	E	E	D	A	U	R	H	O		
T	H	T	R	E	C	A	U	R	H	O		
A	D	O	U	T	K	Y	E	L	L	A		
R	N	V	W	E	T	O	P	S	P	I		
M	A	T	C	H	S	E	Y	L	L	A		
E	B	B	F	O	O	T	F	A	U	L	T	

January Sudoku

How to solve sudoku puzzles

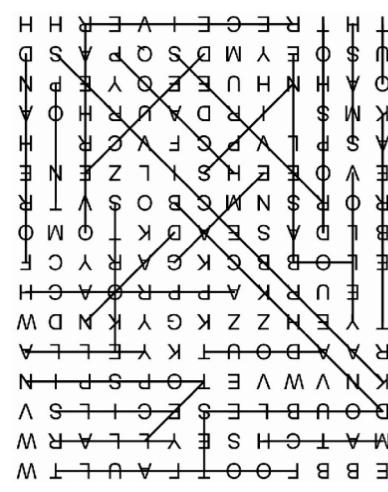
No math is required to solve a sudoku. You only need logic and patience.

Simply make sure that each 3x3 square region has only one instance of the numbers 1-9. Similarly, each number can only

4	3	2	5	9	8	6	7	1
9	5	1	6	7	3	2	8	4
8	7	6	4	2	1	5	3	9
5	9	7	8	1	2	3	4	6
1	6	4	3	5	7	9	2	8
2	8	3	9	4	6	1	5	7
7	2	9	1	8	5	4	6	3
3	4	5	7	6	9	8	1	2
6	1	8	2	3	4	7	9	5

4			5	9			7	
9			6			2		
8	7				1			
5	9						4	6
2	8					5	7	
			1			6	3	
			5		9		2	
	1			3	4			5

appear once in a column or row in the larger grid. The difficulty on this puzzle is easy.



THE Happy Gardener

GET INDOORS!

PLANTS YOU CAN EASILY GROW IN YOUR HOME

From work to home, technology is ever-present. The constant blue glow of screens seemingly never turns off. Wellness-minded Millennials (people born from 1981-1996), especially, look to reconnect with nature — both ornamentally and emotionally — with houseplants.

Seeking a calmer and more purpose-driven lifestyle, Millennials are adding houseplants to their décor and to enrich their lives. Houseplants give them a sense of purpose, aiding in their desire to nurture. With so many Exotic Angel® Plants to choose from, there is no shortage of options for stylish plants to add to an indoor oasis.

A recent YouGov study found that on average people spend nearly 22 hours a day indoors. With people spending more time indoors than ever before, they are experiencing negative effects on their mood, sleep, performance and even respiratory systems.

"Millennials are looking for plants that look great, and also make them feel good," says Costa Farms' garden expert, Justin Hancock. "Our curated collection of diverse houseplants from around the globe enhances people's surroundings, as well as their well-being."

TOP THREE PLANTS MILLENNIALS LOVE



Pothos

Pothos is ideal for houseplant beginners. It grows best in medium to high light, but also tolerates low light. Hang it in a basket, let it climb or place it on a window sill. Choose from

tried-and-true varieties such as golden pothos or go with something new like 'Manjula' pothos for stylish plants with gorgeous variegation.



Ivy

Easy-to-grow ivy adds a touch of greenery and tranquility to indoor spaces. It grows in low light and tolerates inconsistent watering. Place in hanging baskets, allowing it to climb, or let the vines drape elegantly over a container on a side table. Costa Farms produces an impressive 60 varieties of ivy, including 'Lauren's Lace', which has ruffled leaves that are playfully accented with golden-yellow edges.



Fittonia

Also known as nerve plant, Fittonia adds a pop of color with leaves that have bright pink, white or red veins. Its petite size allows for it to be placed almost anywhere. Fittonia prefers medium to low light, but tolerates direct sun if the light is filtered through a sheer curtain. All 15 varieties of Fittonia bring vibrant color and peace to homes.

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| 101 Ardley | 2968 Oakwood |
| 113 Ardley | 2405 Hillside |
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2473 Wendover
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556 Beaconsfield



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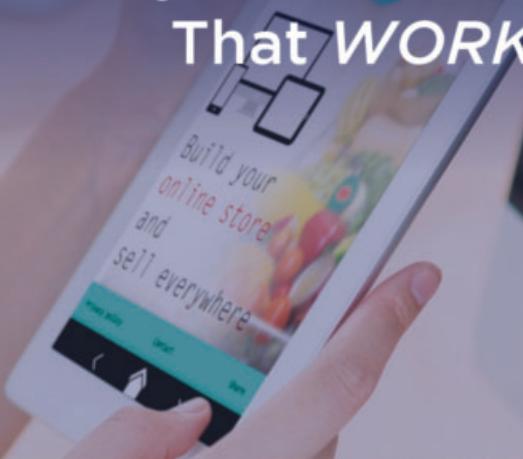
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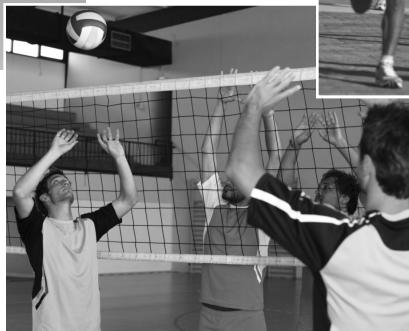
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